

introduce their guests, hear the month's 20-minute Good Health Lecture *that I wrote*, share their experiences, and pick up their monthly supplies. Interested guests also have the opportunity to join, if they are ready.

Become a Member today

Your HealthiLifer Wellness Club is your partner for Good Health, both for yourself and for your loved ones.

As a member, you can begin immediately to learn how to rid yourself and your loved ones of these Health Problems: Overweight; Heart Attack; Cancer; High Blood Pressure; Stroke; Diabetes; Dangers Facing Survivor of Stroke, Heart Attack, or Cancer; Physical Injuries – New & Old; Osteopenia; Osteoporosis; Prostate Problems; Arthritis; Heart Disease; Hair Loss or Breaking Hair; Asthma; PMS (Pre-Menstrual Syndrome); Bad Teeth; Allergies; Always Tired; Weak Sex; Low Interest In Sex; Need More Sleep; and Breaking Nails. *The Club will teach you how to do all this without medicine, herbs, or surgery.*

I invite you *personally* to become a member today. Simply complete and hand in the Registration Blank, below, (with your Registration Fee) to your Independent Club Director.

HealthiLifer^{IP} WELLNESS CLUB

Registration to become a Member

Name: _____

Address: _____

Home Phone: _____

Cell Phone: _____

e-Mail: _____

Invited by: _____

Reg. Fee by: Check . Cash . I am over 18 years.

Signature _____

Date _____

If for any reason, your HealthiLifer Wellness Club Director is not available, or to join, please call: 212- 615 - 6751.

Who Owns Your HealthiLifer Wellness Club

Each HealthiLifer Wellness Club is an independent business entity, owned and operated by its Club Director.



The Club Director, usually a resident of the community, is generally not a health professional. The Good Health information, which a HealthiLifer Wellness Club is authorized to give, is information that 1, a neurosurgeon, have supplied or approved.



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JOIN THE HealthiLifer^{IP} WELLNESS CLUB

It's where you'll learn how to improve your health, heal yourself, and prevent disease for yourself & your loved ones
**WITHOUT MEDICINE,
HERBS, OR SURGERY**



A PERSONAL INVITATION

by **Dr. Uche Akwuba, LCE**
Neurosurgeon.

*Medical Degrees (With Honors) from
The University of London, England.*

*Neurosurgery Training at
Downstate Medical Center, Brooklyn, NY
Part of the State University of New York
Founder, HealthiLifer Wellness Club IP*



The HealthiLifer^{IP} WELLNESS CLUB: It's the place

where you'll find surprising medical discoveries you can use everyday.

A HealthiLifer Wellness Club is the friendly, supportive, neighborhood organization where you'll learn how to improve your health, heal yourself, and prevent disease for yourself and your loved ones, without medicine, herbs, or surgery. (I founded the HealthiLifer Wellness Club, and I am a medical doctor and a neurosurgeon.)

Years ago, I began extensive, in-depth medical research into do-it-yourself health improvement and disease prevention. My efforts were soon rewarded with remarkable discoveries. I named my research discoveries **Good Health Principles**. Today, authorized personnel teach the Good Health Principles at HealthiLifer Wellness Clubs.

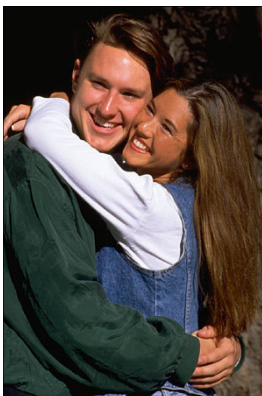
Some of my Surprising Health Discoveries

In my research, I discovered, among other things, that the vast majority of the population is in poor health because they simply do not eat right, and what they eat is loaded with poisons. A large portion of those poisons is from the polluted environment.

I also discovered that *refined* sugar is a major health problem. It promotes tooth decay, diabetes, overweight, and heart disease, and it is a leading cause of arthritis, of osteopenia, and of osteoporosis.

Furthermore, I discovered that you can improve your health, heal yourself, and prevent future disease for yourself and your loved ones by taking certain, simple steps.

Today, those simple steps are among the Good Health Principles taught at HealthiLifer Wellness Clubs.



Would it be wise for you to become a member?

People join a HealthiLifer Wellness Club for various *personal* reasons, including these five. See if any of them fits your *individual* situation:

1. To improve your health. Your health will improve *dramatically*, and you will feel much better when you become a member of a HealthiLifer Wellness Club and apply the Good Health Principles you learn at the Club.

2. To prevent disease for yourself and your loved ones. The Good Health Principles taught by the HealthiLifer Wellness Club include do-it-yourself disease prevention. This is based on the accumulated knowledge of the Mainstream Medical Profession. You will be able to prevent disease for yourself and your loved ones by using the information.

3. To maintain robust good health. By applying the information you receive as a member of a HealthiLifer Wellness Club, you can stay in robust good health as the years pass. This is because a great deal of the physical and mental deterioration that occurs with the passage of time is due to people's failure to *correctly* take care of their bodies.

4. To slow down your aging process. It is normal for the body to show signs of wear, as we age. You can, however, *slow the process down* if you do what's right for the body. The HealthiLifer Wellness Club teaches what to do.

5. To maintain your youthful good looks longer. When you are in robust good health, and when you slow down your aging process, you will automatically keep your youthful good looks longer. By applying what you learn as a member of the Club, you can stay youthful. Longer. *Not just on the surface, but deep down too.*

If any of the 5 reasons, above, applies to your personal situation, membership would be a wise investment.

Your 5 Main Privileges as a Member

1. You will learn how to improve your health, heal yourself, and prevent dis-



ease for yourself and your loved ones, without Medicine, Herbs, or Surgery.

2. You have a standing invitation to Club meetings anywhere in the world, where you may obtain your supplies without paying any Shipping & Handling charges.

3. Bring up to 4 guests to any Club meeting.

4. Get a bonus of \$50, if any of your guests joins and receives his or her first month's supply of PerfectBalance Multivitamin.

5. Get free brochures and free HealthiLifer Recipes to help you easily improve the Good Health quality of your cooking.

Membership Requirements

To be a member of a HealthiLifer Wellness Club and enjoy the significant privileges, you would meet just 4 requirements:

1. Register. The registration fee is only fifty dollars. Paid once, it's good for a lifetime.

2. Pay monthly dues. Just twenty dollars.

3. Take PerfectBalance Multivitamin as recommended.

4. Pick up your PerfectBalance Multivitamin for the month, at the monthly Club meeting. If you miss the meeting, the Club will ship you your supply at an additional Shipping & Handling cost of \$13.

At Every Wellness Club Meeting...

I have structured HealthiLifer Wellness Club meetings to be instructive, encouraging, friendly, and short.

A Wellness Club meets just once a month, for 90 minutes only. During the meeting, members introduce their guests, hear the month's 20-min